



*Cockroach*

### Cockroaches are well known pests

Cockroaches (Dictyoptera) are known to be very primitive animals. Even 250 million years ago there existed cockroaches that resemble species we can find today.

There are approximately 4000 species of cockroaches found in the world. However, only 20 of them are pests. Many of these species can be found indoors in Norway.

### Characteristics

Most cockroaches have a flattened body, oval body shape, a small head and long threadlike antennae that are often longer than the body. They have thin, fast running legs.

The most common cockroaches that cause damage range in size from 0.5 cm to 4.5 cm.

### Other notable pests

Rodents, rats, snakes, ants, beetles, mosquitoes, mites, moths, spiders etc.

## Do you see any pests?

### Contact us at once

We want to investigate, and solve the problem as soon as possible before it spreads to the entire building and other flats.

If it spreads to several apartments in a residential complex it can destroy the building itself, but also give many of our tenants problems.

Please send us a picture of what you see, so we can assess what actions to take. You can also contact an approved pest control company.

### Contact us

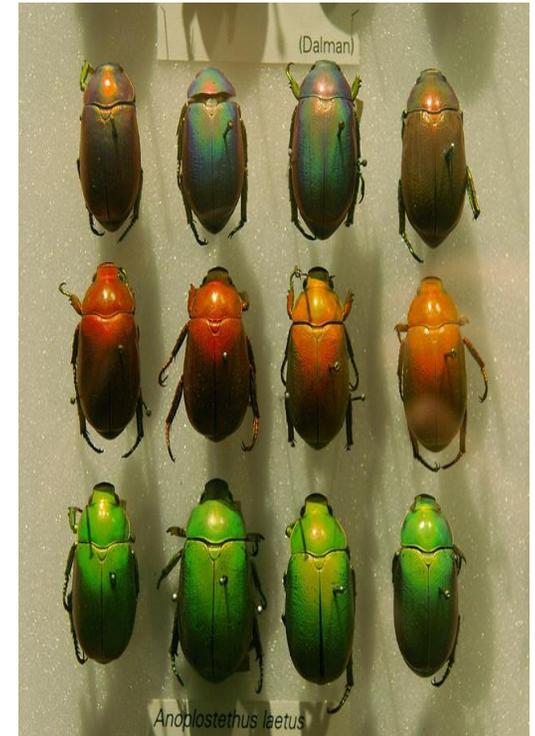
Phone: 22 40 57 00

Email: [post@skb.no](mailto:post@skb.no)

Website: [www.skb.no](http://www.skb.no)

### Pest control companies (exterminators)

There is an updated list of approved pest control companies on NIPH's website. Most companies offer a free inspection.



**STIFTELSEN KAARE BERG**  
Tollbugata 11  
0152 Oslo

**STIFTELSEN KAARE BERG**



*General info about pests.*



## Do you bring pests back home with you after your holidays?

If you do, you can be held responsible for the expenses of combatting pests in your apartment and all the neighboring apartments they might spread to.

Please contact us as early as possible if you see pests, when the damage is minimal. We do appreciate that you inform us about the situation in our property.

So be quick to contact us, and even the Norwegian Institute of Public Health. They offer preventive information before you go on a holiday. Bed bugs live everywhere in the world.

### Norwegian Institute of Public Health (NIPH)

Staff at the Department of Pest Control responds to "Skadedyrtelefonen" (pest phone) every weekday between 1-2 PM. They give answers to your questions about pests. Call: 21 07 77 00.

Website: <http://www.fhi.no/tema/skadedyr>

At their website you can find useful information about pests; mostly in Norwegian. They identify submitted insects, mites, parasites and other pests, as well as providing advice on the prevention and combating of the relevant pests.

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*At the Norwegian Institute of Public Health you may submit samples of pests. Contact them for detailed and accurate information regarding this.*

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The identification of pests and guidance on combating them costs kr. 150, - NOK. It normally takes 1-2 weeks for a response.

Go to their website, or contact them for more info about how to do this:

<http://www.fhi.no/tjenester/skadedyridentifisering>



**Bedbugs; sucks blood and are terrible tenants**

### Bed bugs: Veggedyret

Bed bugs thrive indoors throughout Norway today. In recent years they have become increasingly common, after they almost got wiped out in the 1950's.

### Bed bugs and it's characteristics

Bedbugs are a bloodsucking insect, with a flat, oval and brownish-red body. Adult animals are approx. 5 mm long, while the newborn is 1.3 mm.

During the day they hide in crevices in beds, furniture, clothing, floors, walls, etc. They leave feces, dead animals and eggs. At night they come back and sucks blood of humans. Bed bugs can survive for over a year without food (blood).

**It is costly and extensive to remove bed bugs. The apartment must be decontaminated, and furniture and clothing put in cold storage. You must also move out of the apartment for a while.**